

# **BIN IT, DON'T FLUSH IT**

**to keep your drains  
and sewers clear**

**ONLY FLUSH PEE, POO AND PAPER**

**Please dispose of  
these items in the bin:**

- nappies\*
- plasters
- wet wipes
- cosmetic wipes
- dental floss
- cotton pads/buds
- sanitary items

**Help prevent blockages that  
cause toilets, sinks and baths  
to overflow and sewers to flood**



vs



\* The average sewer pipe from your home is no bigger than a used nappy

3570

For more information visit  
[southernwater.co.uk/paininthedrain](https://southernwater.co.uk/paininthedrain)

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# A FEW TIPS...

## to help protect your home and the environment



## Stop your drains and sewers getting blocked:

### Think before you flush



- Only flush the three Ps – pee, poo and paper
- Wet wipes, sanitary products, nappies, cotton buds and other items listed overleaf should go in the bin as they can cause blockages and flooding

### Pain in the drain



- Drains must never be used for the disposal of paint, motor oil and other waste as many flow into rivers and coastal waters
- Dispose of these hazardous products according to the manufacturers' instructions and put your waste in a bin

### What goes in the sink



- More than 70 per cent of all sewer flooding is caused by the build up of hardened fat, oil and grease in our pipes
- Let excess cooking fat cool before pouring into a container and putting it in the bin
- Keen to be green? Find a cooking oil recycling facility in your area

### Check your connections



- Household appliances such as washing machines and even toilets can be connected to the wrong pipes, causing untreated water to drain directly into our rivers and coastal waters
- Visit [connectright.org.uk](http://connectright.org.uk) for advice on checking your connections

To report a blockage or flooding from a sewer, please call  
➤ **0330 303 0368**

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